



Sydna Fryer Lowndes

March 6, 1933 - April 3, 2022

Sydna Fryer Lowndes passed away surrounded by her loving family on April 3, 2022. Sydna, 89, was born to Sue P. Fryer and William V. Fryer in Little Rock, Arkansas.

She was raised in Hillsborough, North Carolina, graduated from Cardome Visitation Academy in Georgetown, Kentucky, and attended Salem College in Winston Salem, North Carolina.

In 1951, Sydna married Charles L.B. Lowndes in Durham, North Carolina where they lived for a short time while starting their family. With two young daughters, they made the move to Orlando, Florida where they completed their family with the addition of their son and two more daughters. They raised their family of five children in Orlando and spent many years attending their children's sporting events and school activities.

Sydna was a renowned traditional southern cook, and friends and cousins were often found at her table. She was also an avid reader and enjoyed discussing and sharing books with family and friends. She began running several miles a day in her early 40s and had such stamina that she was able to have a full conversation during the entire run!

She was a past member of the Council of Catholic Women and volunteered

for many years with St. Charles Catholic Church's Brothers' Keeper.

Sydna is survived by her five children, Susan (Tom) Slimick, Sally (Bob) Long, Charles David Lowndes, Anne (John) Mischuck, and Mary (Rich) Poole; six granddaughters, Elizabeth, Sara, Grace, Candice, Courtney, and Christen, five grandsons, Mark, Trey, William, Joseph, and Daniel, 10 great-grandchildren, her brother David Fryer, a host of nieces and nephews, great-nieces and nephews, and many, many friends. She is predeceased by her husband, Charlie, her sister, Sue F. Conklin, and brother, William S. Fryer.

No service is planned at this time.

In lieu of flowers, memorial contributions may be made to the Harbor House of Central Florida, PO Box 680748, Orlando, Florida 32868.

The family of Sydna F. Lowndes invites you to leave a message of condolence on the Tribute Wall created in her loving memory.

Tribute Wall

DH

“ To My Wonderful Florida Families, I am so blessed to have known both your Mother and your Dad. You all made me a part of the Family. I never had a Sister but I had two of the most wonderful Sisters a gal could have ever wished for in your Mother and Aunt Sue. Your Mother was a true sweetheart. She raised some awesome Daughters and a Son. I feel so bad for all of you and would not have wished this on any of you. I take comfort in knowing she is at peace and once again with your Dad, her Sister and Brother. I love you all and you are all in my prayers each and everyday. With much love Dee Hile

Diane (Dee) Hile - April 09, 2022 at 11:31 AM

LH

“ Mary Scott and Anne, Please except my deepest condolences on the loss of your beautiful and elegant mother. You were both lucky to have her and she was lucky to have you two. XOXO, Linda “Mimi” Hutchinson



Linda Parvin Hugchinson - April 08, 2022 at 10:45 PM

IC

“ My condolences to Sydna's entire family. She was such a classy lady. I only knew her for a short time but she always welcomed me and shared her love of books and Downton Abby. We always had such good conversations. She will be missed.

Ivett Casiano - April 08, 2022 at 09:44 PM

JK

“ *My sincere condolences to the children of Syd. She was one of the nicest, charming, kind and lovely women I have ever known. I will always remember her friendship to me and the fun she and my husband had exchanging books. God has welcomed you and rest in our Lord Syd. Thank you for giving me the opportunity to know you. Blessings to your family. Judy Koehnke*

Judith Koehnke - April 08, 2022 at 08:31 PM