



Catherine Jo Spalding

September 26, 1954 - July 14, 2020

Catherine Jo Spalding, age 65, of Casselberry, Florida, passed away on July 14, 2020 at her home. Catherine was born on September 26, 1954 in Landstuhl, Germany, the daughter of Joseph Boyd & Bettye Jean (Baggett) Spalding.

She was preceded in death by her parents and is survived by her sister Lisa Spalding Skopal.

The family of Catherine Jo Spalding invites you to leave a message of condolence on the Tribute Wall created in her memory.

Tribute Wall

ML

“ *Cathy and I were stationed and worked together at Elmendorf Air Force Base when we were in the Air Force back in the 70's. Very good memories and I am quite sad to have just now seen her obituary. My condolences to her family.*

Mike Leahy - June 23, 2022 at 12:52 PM

CN

“ *My deepest sympathy to her family, I had the pleasure of working with Cathy at the VA-CLC she was very dedicated to her service of the vets and they all loved her very much & they looked forward to lunchtime when she took her own break to come & feed the residents. She was so welcoming & had such a great sense of humor. She will be missed, may she Rest In Peace.*

Chelsea Najah - July 22, 2020 at 07:28 PM

JB

“ *My thoughts and prayers go out to Cathy, her family and friends. I always admired Cathy's strength and perseverance with any and all challenges given to her. Her diligence and tenacity were empowering. She will truly be missed by many and has made a powerful impact in many lives, including our Veterans.*

Jackie Brenner - July 22, 2020 at 01:42 PM

RR

“ I am so sadden to hear of Cathy's passing. She was truly a kind ,caring person. My years with Cathy at the VA's CLC, I will never forget. She was always there to get things done. Our talent shows probably were more fun for us than the residents. Her sense of humor helped keep us together. We van pooled together to Lake Nona with Cathy making the dreaded ride speed by. Her thoughtfulness in taking her lunch time to feed residents was always beyond the call of duty. She made sure we all had our CPR up to date. The love she brought to veteran's at the CLC will never be forgotten by those of us who had the pleasure of knowing her.

Rebecca Rich

Rebecca Rich - July 21, 2020 at 08:00 PM

ME

“ I will miss Cathy so much. She was a true friend. I will never forget the good times we shared. I will miss having her there to laugh at my jokes, but I know I will never forget her laughter.

Mary Edenfield - July 20, 2020 at 12:26 AM

SS

“ I am so sorry to hear of Cathy's passing. I remember her visits with Lisa to my hometown of Las Vegas, and how much she enjoyed being here. One particularly fond memory was the infamous escalator incident after a fun night at Red Square at Mandalay Bay! Only one of us remained standing! We had many adventures, not the least of which was Cathy positively gagging as I indulged in eating Chicken's Feet at Dim Sum. She was a real sport and tolerated my eccentricities! She has left me with many fond memories. It is with great sorrow that I extend my condolences to her family.

Susan Sechrest - July 19, 2020 at 03:17 PM

LS

I meant to thank you for your kind words, Susan. All of this has just been too hard to comprehend. I am finally beginning to deal with my grief for a sister I loved very much. Thank you.

Lisa Skopal - September 30, 2020 at 09:21 AM

AM

“ I am so sorry to learn of Cathy's passing. She was a dear friend and co-worker at the VA. I will always remember how Cathy welcomed me to the Orlando VA on my first day at work and invited me to join her for lunch making me feel so welcomed. She was so kind to the Veterans. She loved to do special things for them like performing in talent shows or feeding paralyzed Veterans every day even though she was a dental hygienist and not a nurse. She took her job as the CPR coordinator very seriously. She made her co-workers feel confident in their abilities to perform CPR. They would seek her out and make sure that she was the instructor because she would work with them until they mastered their skills. She was always there to help me. I retired a few years ago but I truly have many fond memories of the times we were together.

Andrea J Millman - July 16, 2020 at 06:46 PM